

**1º Triatlo de Águeda**  
**Campeonato Regional Norte Grupos de Idades**  
**Classificação Geral Absoluta**



<b>Data:</b>	18/jun/17	<b>Hora:</b>	10h30	<b>Local:</b>	Águeda
<b>Natação:</b>	750 M	<b>Ciclismo:</b>	21,8 KM	<b>Corrida:</b>	5,4 KM

<b>Ranking:</b>	CRN_Gldades	<b>H. Partida:</b>	10h30
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Posição	Dorsal	Nome do Atleta	Nome do Clube	Género	Escalão	Tempo	Diferença
1	4806	Jorge Augusto	Varzim Sport Club	M	40-44/V1	01:10:46	
2	1129	Miguel Silva	Capge	M	16-17/CAD	01:11:32	00:00:46
3	3599	João Alves	Clube Dos Galitos	M	35-39/.SEN	01:12:21	00:01:35
4	3430	Pedro Oliveira	Varzim Sport Club	M	30-34/.SEN	01:12:29	00:01:43
5	2132	Pedro Silva	Escola do Movimento	M	20-24/SUB23	01:12:31	00:01:45
6	3121	José Carvalho	Mc Donald´s/Tribraga	M	25-29/.SEN	01:12:35	00:01:49
7	3840	Tiago Pinho	C F Vilacondense	M	30-34/.SEN	01:12:43	00:01:57
8	4100	Samuel Neves	Capge	M	40-44/V1	01:12:48	00:02:02
9	3318	Leandro Pinto	Mc Donald´s/Tribraga	M	35-39/.SEN	01:13:12	00:02:26
10	4627	João Ferreira	Mc Donald´s/Tribraga	M	40-44/V1	01:13:16	00:02:30
11	3020	Rui Barbosa	G. D. GOMA	M	30-34/.SEN	01:14:17	00:03:31
12	4146	José Afonso	Mc Donald´s/Tribraga	M	40-44/V1	01:14:40	00:03:54
13	1660	João Martins	Capge	M	18-19/JUN	01:14:54	00:04:08
14	4555	Ruben Estima	DAR-Recardães	M	40-44/V1	01:14:58	00:04:12
15	3927	Anselmo Maia	Varzim Sport Club	M	35-39/.SEN	01:15:47	00:05:01
16	3945	José Sousa	G. D. GOMA	M	30-34/.SEN	01:15:51	00:05:05
17	3712	Carlos Sousa	Varzim Sport Club	M	35-39/.SEN	01:15:57	00:05:11
18	1016	Diogo Mateus	Capge	M	16-17/CAD	01:16:17	00:05:31
19	3044	Sergio Alpuim	Pedal'Arte	M	30-34/.SEN	01:16:19	00:05:33
20	3006	Ricardo Alves	Clube Dos Galitos	M	30-34/.SEN	01:16:23	00:05:37
21	4733	Pedro Santos	Individual - Bikemanía Famalicão	M	45-49/V2	01:16:25	00:05:39
22	3919	TIAGO SANTOS	DAR-Recardães	M	30-34/.SEN	01:16:29	00:05:43
23	4233	Paulo Pereira	Individual	M	45-49/V2	01:16:32	00:05:46
24	3041	Rui Souto	Pedal'Arte	M	35-39/.SEN	01:16:42	00:05:56
25	4284	Emanuel Matos	G. D. GOMA	M	40-44/V1	01:16:52	00:06:06
26	3575	João Andrade	Clube Dos Galitos	M	25-29/.SEN	01:17:08	00:06:22

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27	4231	Paulo barradas	Clube Dos Galitos	M	45-49/V2	01:17:40	00:06:54
28	4218	Paulo Pereira	Clube Zupper	M	40-44/V1	01:17:42	00:06:56
29	3758	Celso Moreira	DAR-Recardães	M	35-39/.SEN	01:17:45	00:06:59
30	4316	PABLO IGLESIAS	Pedal'Arte	M	45-49/V2	01:18:08	00:07:22
31	4475	Luís Martins	DAR-Recardães	M	40-44/V1	01:18:11	00:07:25
32	2112	Bruno Oliveira	Individual	M	20-24/SUB23	01:18:45	00:07:59
33	4850	Pedro Mota	Capge	M	40-44/V1	01:18:53	00:08:07
34	3943	Delfim Pimenta	G. D. GOMA	M	30-34/.SEN	01:19:12	00:08:26
35	3729	Guilherme Vieira	Varzim Sport Club	M	30-34/.SEN	01:19:24	00:08:38
36	3251	Mário Pires	Clube Dos Galitos	M	30-34/.SEN	01:19:45	00:08:59
37	3465	Marcos Ratola	Individual	M	35-39/.SEN	01:19:55	00:09:09
38	3476	José Vieira	Capge	M	35-39/.SEN	01:20:02	00:09:16
39	4810	Jose Pereira	Varzim Sport Club	M	45-49/V2	01:20:11	00:09:25
40	3076	João Ramos	Clube Zupper	M	35-39/.SEN	01:20:47	00:10:01
41	3165	Bruno Pontes	Mc Donald´s/Tribraga	M	35-39/.SEN	01:21:18	00:10:32
42	4193	Luís Ferreira	AASM	M	45-49/V2	01:21:41	00:10:55
43	5731	Nuno Silva	DAR-Recardães	M	40-44/V1	01:21:46	00:11:00
44	4336	José Dias	Clube de Veteranos do Porto	M	50-54/V3	01:22:56	00:12:10
45	4299	Rui Ramos	G. D. GOMA	M	40-44/V1	01:23:47	00:13:01
46	3335	Rafael Silva	C F Vilacondense	M	25-29/.SEN	01:24:21	00:13:35
47	1574	Vanessa Fonseca	Capge	F	18-19/JUN	01:24:40	00:13:54
48	3077	António Moreira	Clube Dos Galitos	M	35-39/.SEN	01:24:43	00:13:57
49	88	Ivo Carvalho	Pedal'Arte	M	20-24/SUB23	01:25:14	00:14:28
50	4227	Maria Pereira	G. D. GOMA	F	40-44/V1	01:26:11	00:15:25
51	3996	Fábio Martins	G. D. GOMA	M	20-24/SUB23	01:26:50	00:16:04
52	4470	João Ferreira	Paredes Aventura	M	50-54/V3	01:27:26	00:16:40
53	3079	Hugo Costa	Js Clínica / Viriathvs Tri	M	30-34/.SEN	01:28:04	00:17:18
54	3777	Pedro Meixedo	Clube Zupper	M	30-34/.SEN	01:29:13	00:18:27
55	3130	Daniel Castro	C F Vilacondense	M	25-29/.SEN	01:30:46	00:20:00
56	4995	Rui Ferreira	Clube Dos Galitos	M	45-49/V2	01:31:27	00:20:41
57	3979	Eduardo Castro	AASM	M	35-39/.SEN	01:31:32	00:20:46
58	3434	Ivo Figueiroa	Clube Zupper	M	35-39/.SEN	01:32:34	00:21:48
59	4020	Ricardo Neves	Mc Donald´s/Tribraga	M	40-44/V1	01:33:44	00:22:58
60	4207	Victor Campos	DAR-Recardães	M	65-69/V5	01:34:23	00:23:37
61	3073	MONTSERRAT ALONSO	Pedal'Arte	F	30-34/.SEN	01:35:47	00:25:01
62	4811	Eunice Reis	Varzim Sport Club	F	45-49/V2	01:36:38	00:25:52
63	3935	JUAN QUEIRUGA	Pedal'Arte	M	35-39/.SEN	01:37:02	00:26:16
64	4533	Alexandre Monteiro	Clube de Veteranos do Porto	M	45-49/V2	01:38:20	00:27:34

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<b>65</b>	<b>3902</b>	Pedro Rodrigues	Clube Zupper	M	35-39/.SEN	01:38:28	00:27:42
<b>66</b>	<b>4255</b>	paulo rocha	Clube de Veteranos do Porto	M	55-59/V4	01:38:51	00:28:05
<b>67</b>	<b>4676</b>	Viriato Almeida	S.C.Espinho Triatlo	M	45-49/V2	01:39:23	00:28:37
<b>68</b>	<b>3961</b>	Rafael Ferraz	Individual	M	30-34/.SEN	01:39:36	00:28:50
<b>69</b>	<b>2047</b>	Paulo Santos	AASM	M	20-24/SUB23	01:39:54	00:29:08
<b>70</b>	<b>3088</b>	Rudolfo Silva	Js Clínica / Viriathvs Tri	M	35-39/.SEN	01:40:20	00:29:34
<b>71</b>	<b>4534</b>	Rogério Bastos	ACRRibeira	M	40-44/V1	01:41:45	00:30:59
<b>72</b>	<b>2120</b>	Joana Martins	Capge	F	20-24/SUB23	01:42:36	00:31:50
<b>73</b>	<b>4522</b>	Suzana Andrade	S.C.Espinho Triatlo	F	40-44/V1	01:45:19	00:34:33
<b>74</b>	<b>2119</b>	Laisa Diana	Clube Zupper	F	20-24/SUB23	01:45:42	00:34:56
<b>75</b>	<b>4031</b>	Susana Neta	Clube Zupper	F	40-44/V1	01:48:28	00:37:42
<b>76</b>	<b>4370</b>	Ulisses Lopes	C F Vilacondense	M	40-44/V1	01:50:53	00:40:07
<b>77</b>	<b>3432</b>	Tiago Ramalho	Clube Zupper	M	25-29/.SEN	01:51:00	00:40:14
<b>78</b>	<b>4162</b>	Henrique Gonçalves	Clube de Veteranos do Porto	M	60-64/V5	01:52:30	00:41:44
<b>79</b>	<b>4291</b>	Conceição Tavares	Capge	F	45-49/V2	01:52:40	00:41:54
<b>80</b>	<b>1592</b>	Diogo Ribeiro	AASM	M	18-19/JUN	01:53:24	00:42:38